

*Becoming*  
CREATIVE. PURPOSEFUL. FRUGAL.

2020

# Friday, November 13, 2020

	Sanctuary	Gym	Multi-purpose room
2:45		2:45 Pre-Conference registration for those doing crafting working 6:00 Regular registration begins	
3:00 pm			(Additional registration required) Crafting with Deanna DJ Hart Designs
6:30 Girls Night In	<p>Welcome by founder and host, Jen Schmidt</p> <p>Keynote: "Who Hijacked Our Fairytale?" Kelly Swanson</p>	Charcuterie with Raleigh Cheesy	
Let's support:	<p>Giveaways made possible by: Jen Schmidt, Dayspring and Mary &amp; Martha</p>  	<p>Chevoo</p> 	

# Saturday, November 14, 2020

	Sanctuary	Gym	Multi-Purpose Room (off gym)
<b>8:15 am</b> <i>Breakfast</i>		<b>Door Open for continental breakfast</b>	
<b>9:00</b>	<b>Opening with host Jen Schmidt and Anna Hopper</b>		
<b>10:00 am</b> <i>Session 1</i>	<b>How to Find Your Unique Decorating Style (and Avoid the Comparison Trap) - Tasha Argruso</b>	<b>Happy Hand Lettering (Maghon Taylor)</b>	
<b>11:00</b> <i>Session 2</i>	<b>A Call to Finish Strong (Donna Van Eerden) * only one session</b>	<b>Happy Hand Lettering with Maghon</b>	<b>Preparing Our Heart and Home for the Holidays (with littles under foot) (Bekah Wolfe)</b>
<b>12:00 Lunch</b>		<b>Lunch served in gym</b>	
<b>12:45</b>		<b>Sarah Johnson author of "Now Waiting"</b>	
<b>Continue in gym</b>	<b>Holiday Helps, Hacks and Encouragement</b>	<b>Cassie from The Hostess Next Door, Erin Chicka - Erin Chicka Designs and Marty from Mary's Musings</b>	
<b>2:00</b> <i>Session 3</i>	<b>Preparing Our Heart &amp; Home for the Holidays with littles underfoot (Bekah)</b>	<b>Cooking and Meal Planning Simplified (Lisa Burns)</b>	<b>Personality Types 102 (Sheresa &amp; Sammi Jo)</b>
<b>3:00</b> <i>Session 4</i>	<b>How to Find Your Unique Decorating Style (and Avoid the Comparison Trap) - Tasha Argruso</b>	<b>Cooking and Meal Planning Simplified (Lisa)</b>	<b>Personality Types 102 (Sheresa &amp; Sammi Jo)</b>
<b>4:00 pm</b> <i>Closing</i>	<b>Large Group Closing Session Anna Wilkins, Jen Schmidt (and surprise guest)</b>		

# Saturday Breakout Sessions

## **2020 Breakout Workshop Descriptions:**

Please note that we have **six workshop choices** (in addition to our large group key notes) and the hardest thing you'll have to do all weekend is deciding on which four to attend. No sign up required. You just show up at the set rooms.

### **How to Find Your Unique Decorating Style (and Avoid the Comparison Trap) Tasha Argruso**

We've all experienced it. As we're on that journey to create a home we truly love, there's always that one room that gets us. We can't quite figure out what to do with it and unfortunately, we experience interior decorating paralysis. Sound familiar? Need home decor inspiration to get past that? Tasha is on a mission to help you create a home you love, no matter the budget.

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### **A Call to Finish Strong (Donna Van Eerden - founder and host, Jen Schmidt's mother)**

Donna, a mom of four and grandmother to 30, has a passion for rallying the older women and encouraging them to live the second half of their life (or those who are looking ahead) If that's you, spend time gleaning ideas that Donna has implemented, along with brainstorming ways to be an inspiration and share your life experience to encourage the next generation.

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### **Simplifying Cooking & Meal Planning (Lisa Burns)**

Eating healthy, real foods and cooking from scratch does not have to be complicated or only for families with big budgets and plenty of time on their hands! Lisa firmly believes that anyone who wants to can learn to cook. She is passionate about teaching others how to make their own food from simple, common ingredients through her blog, cooking videos, and new cookbook.

If you want to learn easy, practical tips to make more meals at home, and learn several different meal planning strategies to take the stress out of figuring out what to eat, this session is for you!

We will chat about easy holiday food ideas, plus all things Instant Pot, too, so if you have questions, bring them on!

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## **Happy Hand Lettering (and chalk board too) (Maghon Taylor)**

Maghon is on a mission to spread happiness through her handwriting and it is her greatest joy to teach show you how to turn your regular handwriting into something really special. In this session, we will cover all of the basics of hand lettering, tips, techniques and practical uses and even chalk techniques that can be applied to fun projects throughout your home and your life. You do not have to have beautiful handwriting to be a great hand letterer!

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## **Preparing Your Heart and Home for the Holidays (with Littles Under Foot) Bekah Wolfe**

With five little ones, Bekah understands the delicate challenge of mothering and making your home a haven while also trying to do the laundry, make dinner, lovingly discipline and disciple those precious blessings. Let's admit it, the list never ends.

With a heart to elevate this beautiful gift of mothering, Bekah will lead us through simple grace filled encouragement for this season.

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## **Personality Types 102 Sammie Jo McCluskey and Sheresa Lacey**

With quarantine brought about by Covid 19, not to mention a divisive election season, we've all responded in surprising ways, not to mention how others may have responded to us. God has wired us all differently with a beautiful blend of personalities, but in this workshop we will dive a little deeper and explore how understanding our personality types help us be better friends, neighbors, co-workers, spouses, daughters etc .

This will not be a "self help/self empowerment, I have an excuse for my actions" workshop that so many who use the Enneagram ascribe to, but rather we'll explore this through the lens of the Gospel message. We will look at the connection between the false narrative each of us hears and how it affects our relationships and interactions with others. We'll dig into how we can better connect with family and friends when we understand these dynamics. This just may be your best holiday gathering time yet.

\*If choosing to come to this workshop, we will be looking at the Enneagram. If you don't know what the Enneagram is or you're not sure your type, there are many places to start, but take a quick free test at [yourenneagramcoach.com](http://yourenneagramcoach.com) before you attend so it's more beneficial. [Or if you like to read a hard copy, we recommend "The Road Back to You" as a starting place.](#)