PANTRY SPICE INVENTORY

BALANCING Beauty & Bedlam

- ☐ Allspice
- ☐ Anise Seed
- ☐ Baking Powder
- ☐ Baking Soda
- ☐ Basil Leaves
- ☐ Bay Leaves
- ☐ Caraway Seeds
- ☐ Cardamom
- ☐ Celery, salt
- ☐ Celery, seeds
- ☐ Chervil
- ☐ Chili Pepper
- ☐ Chives
- ☐ Cilantro
- ☐ Cinnamon, ground
- ☐ Cinnamon, sticks
- ☐ Cloves, ground
- ☐ Cloves, whole
- ☐ Cocoa Powder
- ☐ Coriander, ground
- ☐ Coriander, seeds
- ☐ Corn Starch
- ☐ Cream of Tartar
- ☐ Cumin
- ☐ Curry Powder
- ☐ Dill Seed
- ☐ Dill Weed
- ☐ Fennel Seed
- ☐ Garlic Power
- ☐ Garlic Salt
- ☐ Ginger
- ☐ Herbs de Provence
- ☐ Lemon Peel
- ☐ Mace
- ☐ Marjoram Leaves
- ☐ Mustard, ground
- ☐ Mustard, seeds
- ☐ Nutmeg
- ☐ Onion, minced
- ☐ Onion, powder
- ☐ Onion, salt
- ☐ Orange Peel
- ☐ Oregano Leaves
- ☐ Paprika
- ☐ Parsley Flakes
- ☐ Pepper, black
- ☐ Pepper, cayenne
- ☐ Pepper, lemon
- ☐ Pepper, white
- ☐ Peppercorns
- ☐ Peppermint Leaves
- ☐ Poppy Seeds
- ☐ Pumpkin Pie Spice
- ☐ Red Pepper Flakes
- ☐ Rosemary Leaves
- ☐ Saffron
- ☐ Sage
- ☐ Salt, iodized
- ☐ Salt, kosher
- ☐ Salt, sea
- ☐ Sesame Seeds
- ☐ Spearmint Leaves
- ☐ Tabasco
- ☐ Tarragon Leaves
- ☐ Thyme Leaves
- ☐ Turmeric
- ☐ Vanilla Bean
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Extracts & Flavorings

- ☐ Almond
- ☐ Anise
- ☐ Cinnamon
- ☐ Lemon
- ☐ Peppermint
- ☐ Rum
- ☐ Spearmint
- ☐ Vanilla
- ☐ Wintergreen
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