

10 REASONS WHY YOU

BRING ME *Joy*

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

FEEL *Joy* BY GIVING *Joy*

It's easy to add joy to your life by sending a little joy off to someone else. Here are a few ways to send some joy to those you care about.

1. Put little notes with lipstick kisses on them (depending on the recipient) in lunch boxes.
2. Send a card to your sister to tell her how lucky you are to have her in your life. Use the "10 Reasons Why" form and brighten someone's day today!
3. Start a Traveling Journal with a group of friends that can't get together. Write a page about what's happening in your life and send it off to the next one on the list.
4. Send an envelope once a month to a parent, sibling, grandparent, or friend, full of love from the family like extra photos, kids artwork, articles or recipes you clip out of a magazine, or whatever you collect throughout the month they might enjoy.
5. Send a love letter or a little box of love notes in the mail to your spouse.
6. Call Grandma Nancy, Aunt Rose, or cousin Freddy, when the family is gathered around the dinner table to sing them Happy Birthday. It will make their day.
7. Slip a surprise treat into an envelope and leave it hanging (with a ribbon) on a neighbor's doorknob to congratulate a child who is graduating or thank them for babysitting when you were in a bind.

THROUGH THE *Generations*

Select photos of the women in your family; your Grandmother, your Mother, your sisters, aunts, and daughter(s). It's best to use head shots that are similar in size. You can easily crop, resize or print out your photos (in sepia tone for a real antique look) at your local Kinkos. Using legal size card stock, fold one or two of them (depending on how many photos you have) into three parts to make a foldout card. On each page, place the pictures of all the women in your family, in order by generation. Slip a pretty ribbon through holes punched on the front and the back and tie it closed. This makes a wonderful Mother's Day gift for Mom, Grandma, your sister or a favorite aunt, and should be left out on a table or dresser to be enjoyed all year long.



"WHAT MOM MEANS TO ME" *Cake*

A few days before Mother's Day ask everyone in your family to choose a trait they most appreciate in mom. Then go to your local bead store & find charms that represent that trait (if she always wears a smile choose a sun, if she's the most generous person you know choose a heart). Now it's time to prepare the cake. It makes no difference if the cake is made from a box or an old family recipe (it's what's hidden inside that counts). Once the cake has been baked, cut small slits and insert the charms. It is easier if you attach each charm to a ribbon so they don't get lost in the cake. Finally frost the cake to cover the slits & voila, it's ready to serve. After everyone takes a slice they must announce to the family what charm they received and reveal what that charm symbolizes. After eating this "What Mom Means To Me" Cake everyone will surely know why Mom is so loved.

